



## Promotional Criteria and Checklists for Referees (Regional to Provincial)

- A career planning tool for Referees in Alberta

This document is designed to outline the pathway to promotion as a referee in Alberta. The process is largely self-directed. In other words, the referee has to take charge of his/her development, and seek opportunities to achieve his/her developmental goals. The criteria and checklists below are tools for referees to use in their development plans.

### REGIONAL to PROVINCIAL Referee

To be eligible to upgrade from Regional to Provincial referee, you must:

- Have been a Regional referee for at least one full outdoor season.
- Have refereed games at the competitive U16 level or above. 'Competitive' is any Tier that leads to provincials (T1-T4).
- Have successfully passed the fitness test at the Regional level or higher, in the season prior to applying.
- Submit an application form to the Alberta Soccer Association, prior to the annual deadline. (Provincial Upgrade application deadline - March 1<sup>st</sup> – 6:00PM)

*Please note – this is a competitive process, and not all applicants may be selected by the RDC.*

To be successfully upgraded to Provincial referee, you must:

- Attend a Provincial Training Course. (additional details below)
- Pass a multiple choice Laws of the Game examination, with a mark of 80% or better.
- Pass the FIFA Hi Intensity Fitness test, at the male or female provincial standard. (details below)
- Referee in a minimum of 20 qualifying games (competitive U16 and above). You will be asked to submit a log of your games to the Alberta Soccer Association, prior to October 31<sup>st</sup>.
- Work as an assistant referee in a minimum of 5 qualifying games (competitive U16 and above). You will be asked to submit a log of your games to the Alberta Soccer Association, prior to October 31<sup>st</sup>.
- Achieve a minimum of 3 assessments with an above average mark, as a referee over the 20 qualifying games. Assessments are reviewed by the Referee Development Committee at the conclusion of the outdoor season.

A decision will be made regarding the referee's status by December 15<sup>th</sup>.

(Details of clinics, fitness testing and application process on following page).



### Details for provincial upgrade clinics:

There are two methods of entering the Provincial Upgrade Program:

#### 1. Centralized CSA Training Course (held at CSA location)

- a. Targeted towards officials on the path towards the National List of Officials. Special consideration will be given to officials, nominated by their Provincial Association for the National List of Officials, who have attended the CSA's Centralized In-service Training Course.
- b. Must apply to Provincial Association, no later than March 1<sup>st</sup>.
- c. Nominated to CSA by the Provincial Association, no later than April 1<sup>st</sup>.
- d. Must successfully complete an online Laws of the Game examination, with a mark of at least 80%, prior to attending the Training Course. This is one-time examination, with no re-takes.
- e. Must successfully complete the FIFA Hi Intensity Fitness Test at the provincial standard, prior to attending the Training Course.

#### 2. Provincial Training Course (held in Alberta)

- a. Targeted towards officials with skills to meet the requirements of a Provincial Referee but are not on the promotional stream to become National or International officials.
- b. Must apply to the Provincial Association, no later than March 1<sup>st</sup>.
- c. Successfully selected by the Provincial Association, no later than April 1<sup>st</sup>.
- d. Must successfully complete an in class Laws of the Game examination, with a mark of at least 80%, at the Training Course.
- e. Must successfully complete the FIFA Hi Intensity Fitness Test at the provincial standard, by August 15<sup>th</sup>, in the year of the upgrade.

Selections to attend either course will be made by the Alberta Soccer Referee Development Committee, no later than April 1<sup>st</sup>.

### Fitness Test Standards:

FIFA Hi Intensity Fitness Test (Interval) – Provincial Referee Standard		
Gender	Sprints	Interval Run
Male	6.4 sec	15/20 sec/ 4000 M
Female	6.8 sec	17/22 sec/ 4000 M

Details of the fitness test can be found at – [www.albertasoccer.com/referee/upgrading](http://www.albertasoccer.com/referee/upgrading)

### Application Process:

- To apply for the Provincial upgrade course, use the application form on the Alberta Soccer website, found in the 'Upgrading' section, or contact the Referee Development Officer:  
Email - [refs@albertasoccer.com](mailto:refs@albertasoccer.com)  
Phone - 780-378-8110

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