PHASE 2: COHORTS GUIDE FOR COACHES

ALBERTA SOCCER ASSOCIATION
The Governing Body of Soccer in Alberta

What is a Sports Cohort?

A group of no more than 50 people who can participate in games (without physical distancing) that stays together through GOA Phase 2

CAN I CHANGE MY SPORTS COHORT?

Yes, however you will need to self isolate for 14 days before you can join another sport cohort (note: clubs/districts may impose stricter rules)

CAN I BELONG TO MORE THAN ONE SPORT COHORT AT SAME TIME?

No, people are only allowed to be in **1** sport cohort at a time which should be within your geographic region/community.
If in a small rural community there is the flexibility to join another small region/community

CAN I COACH MORE THAN ONE TEAM?

Yes, provided that you are following the physical distancing guidelines

CAN I PLAY & COACH A TEAM?

Yes, you can belong to a sports cohort to play and then you can coach a team(s) provided that physical distancing guidelines are followed when you are coaching.