



ALBERTA SOCCER ASSOCIATION

LEAD, GOVERN AND EVOLVE

8123 Roper Road NW
Edmonton, AB T6E 6S4



ALBERTA INDIGENOUS GAMES: TECHNICAL PACKAGE FOR SOCCER

WELCOME

Thank you for supporting the Alberta Indigenous Games Soccer Program. We're excited to help develop soccer in Indigenous communities. Alberta Soccer is happy to support this opportunity to develop not only soccer but also sports and recreation. Enclosed is information to support your participation in the Alberta Indigenous Games (AIG) event. Please read this information carefully and follow the schedule for further details.

We would also like to invite everyone to contact us if they have any questions, concerns, or suggestions for soccer development beyond the Alberta Indigenous Games within their community.

OBJECTIVE

The AIG's objective is depicted within the Circle of Courage Awards on the next page. From a soccer perspective, this event seeks to showcase young Indigenous soccer players and the potential of sport to bring children, youth, and families together in a celebration of physical activity and wellness.

Within the three days of activity, the first two mornings will introduce, develop and demonstrate soccer skills and activity-based games. The afternoons are scheduled for a team competition. Due to time and performance constraints in the event, the games will be played according to the presented game formats but with shortened game times. This supports the player's ability to perform multiple games in three days. The 3v3 format will be played for 7-minutes followed by a 3-minute break until the next scheduled game starts.

The 7v7 and 9v9 games are played with 25 minutes per half, while the 11v11 games are scheduled with 40-minutes per half. Halftime for all three traditional format games will be 5 minutes.

PHILOSOPHY

The Alberta Indigenous Games' mission statement includes RECLAIMING OUR YOUTH through Sport. In the spirit of this approach, the soccer program seeks to provide a blend of soccer development, participation, and competition to instill and nurture a passion for soccer and physical activity beyond the Games.

Circle Of Courage Awards

The Alberta Indigenous Games is proud to be a sports development games event that believes in the holistic development of athletes by infusing the circle of current values embedded in our sporting programs. One way the Circle of Courage is infused into the 2024 Alberta Indigenous Games is to have all athletes compete and be selected by their sport for overall individual awards. The Circle of Courage Award will be recognized at the closing ceremonies.



The Circle of Courage has four parts: The Circle of Courage Individual Awards.

These special overall awards recognize outstanding athletes in all the sports divisions for both boys and girls, who demonstrate the values of the Circle of Courage. Each sports division will choose four overall athletes who embody a specific aspect of the circle of courage. The criteria for the Circle of Courage Individual Awards are outlined below:

SPIRIT OF BELONGING AWARD

- Kind to others
- Cheer fellow athletes and demonstrate a positive attitude to competition
- Makes friends easily and embraces others openly

SPIRIT OF INDEPENDENCE AWARD

- Problems solve in a positive and effective manner
- Demonstrates initiative both in and out of the competitive environment
- Makes decisions that reflect consideration and care for others

SPIRIT OF MASTERY AWARD

- Is an exceptional athlete or demonstrates behaviors that reflect a positive desire for exceptional performance
- Gives their best effort in all they strive for
- Is a positive role model for their peer

SPIRIT OF GENEROSITY AWARD

- Openly offers help to others
- Volunteers their time
- Is consistently appreciative of officials, coaches, visitors and staff during the event.

SOCCKER PROGRAM SCHEDULE: THE GAME

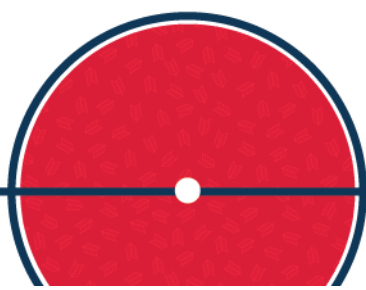
SCHEDULE OF EVENTS

Please read through the following schedule carefully, to understand where you should be on each day.

DATE	TIME	EVENT	LEAD
	9.30 AM	Player Registration	Volunteers
	10.00 AM – 11.00 AM	Player skills coaching	TS + coaches
	11.15 AM	Team Selections/Organization	
	12.00 PM – 16.30 PM	First Stage: 3x3 games (7min/3min) – U11, U13 & U15 11v11 games (U18/U21)	TS + Volunteers
Thursday, 15 Aug	9.00 AM – 10.00 AM	Coach & Parent Education (LTPD & 3v3)	TS + coaches
	10.00 AM – 11.00 AM	Player skills coaching	TS + coaches
	12.00 PM – 16.30 PM	Second Stage: 3x3 games (7min/3min) – U11, U13 & U15 11v11 games (U18/U21)	TS + Volunteers
Friday, 16 Aug	9.00 AM – 14.00 PM	Finals: U11 (7v7) & U13 (9v9)	TS + coaches
	12.00 PM	Finals: U15 (9v9)	TS + coaches
	14.30 PM	Finals: U18/U21 (11v11)	TS + coaches
	(7:00 – 8:00 - Closing Medal Ceremony)		

COACH TRAINING: All team coaches and interested parents/volunteers are invited to attend this event to provide insight into coaching Grassroots Soccer: safe, fun, inclusive, and challenging. This session will also use the proposed station rotation approach for activities to demonstrate the activities and coaches' expectations. All team coaches must attend this training and support the morning sessions.

PLAYER SKILL COACHING: Soccer coaches will lead the morning sessions. The goal is to support players with individual skill development and game activities, which have proved very popular in previous years. An Alberta Soccer representative will support the coaches.

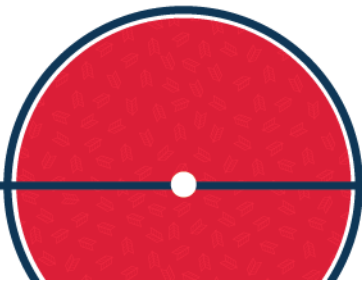


FIELD LAYOUT



U21 & U18 Schedule (11v11 40min halves) – 4 Teams

Day	Time	Games	Field	Time
Wednesday	12.00 PM	Team 1 vs Team 2	Field 2 – North Bear	80 min
	13.30 PM	Team 3 vs Team 4	Field 2 – North Bear	80 min
	15.00 PM	Team 2 vs Team 3	Field 2 – North Bear	80 min
Thursday	12.00 PM	Team 4 vs Team 1	Field 2 – North Bear	80 min
	13.30 PM	Team 1 vs Team 3	Field 2 – North Bear	80 min
	15.00 PM	Team 2 vs Team 4	Field 2 – North Bear	80 min
Friday	14.30 PM	Top 1 Team vs. Top 2 Team	Field 2 – North Bear	80 min
	14.30 PM	Top 3 Team vs. Top 4 Team	Field 1 – West Turtle	80 min



U15 Schedule (T#=9v9) – 3 Teams

Day	Time	Games	Field	Time
Wednesday	12.00 PM	Team 1 vs Team 2	Field 1 – West Turtle	80 min
	13.30 PM	Team 2 vs Team 3	Field 1 – West Turtle	80 min
	15.00 PM	Team 3 vs Team 1	Field 1 – West Turtle	80 min
Thursday	12.00 PM	Team 1 vs Team 2	Field 1 – West Turtle	80 min
	13.30 PM	Team 2 vs Team 3	Field 1 – West Turtle	80 min
	15.00 PM	Team 3 vs Team 1	Field 1 – West Turtle	80 min
Friday	12.00 PM	Top 1 Team vs. Top 2 Team	Field 2 – North Bear	80 min
	12.00 PM	Free 3v3 play for individuals	Field – South – Eagle & Wolf	60 min

U13 Schedule (ABC = 3v3 & T#=7v7) – 7 Teams

Day	Time	Field 1 Eagle	Field 2 Wolf	Field
Wednesday		Group (3v3)	Group (3v3)	
	12.00 PM	A vs G	D vs C	Field – South – Eagle & Wolf
	12.20 PM	B vs E	F vs A	Field – South – Eagle & Wolf
	12.40 PM	E vs G	C vs B	Field – South – Eagle & Wolf
	13.00 PM	F vs D	E vs A	Field – South – Eagle & Wolf
	13.20 PM	G vs C	B vs F	Field – South – Eagle & Wolf
	13.40 PM	A vs D	C vs E	Field – South – Eagle & Wolf
	14.00 PM	F vs G	D vs B	Field – South – Eagle & Wolf
	14.20 PM	C vs A	E vs F	Field – South – Eagle & Wolf
	14.40 PM	G vs D	A vs B	Field – South – Eagle & Wolf
	15.00 PM	F vs C	D vs E	Field – South – Eagle & Wolf
	15.20 PM	B vs G	E vs F	Field – South – Eagle & Wolf
	15.40 PM	C vs D	A vs B	Field – South – Eagle & Wolf
	16:00 PM	G vs A	B vs C	Field – South – Eagle & Wolf
16:20 PM	D vs E	F vs G	Field – South – Eagle & Wolf	
Thursday		Group (3v3)	Group (3v3)	
	12.00 PM	A vs G	D vs C	Field – South – Eagle & Wolf
	12.20 PM	B vs E	F vs A	Field – South – Eagle & Wolf
	12.40 PM	E vs G	C vs B	Field – South – Eagle & Wolf
	13.00 PM	F vs D	E vs A	Field – South – Eagle & Wolf
	13.20 PM	G vs C	B vs F	Field – South – Eagle & Wolf
	13.40 PM	A vs D	C vs E	Field – South – Eagle & Wolf
	14.00 PM	F vs G	D vs B	Field – South – Eagle & Wolf
	14.20 PM	C vs A	E vs F	Field – South – Eagle & Wolf
	14.40 PM	G vs D	A vs B	Field – South – Eagle & Wolf
	15.00 PM	F vs C	D vs E	Field – South – Eagle & Wolf
	15.20 PM	B vs G	E vs F	Field – South – Eagle & Wolf
	15.40 PM	C vs D	A vs B	Field – South – Eagle & Wolf
	16:00 PM	G vs A	B vs C	Field – South – Eagle & Wolf
16:20 PM	D vs E	F vs G	Field – South – Eagle & Wolf	
Friday		Finals (9v9)	Time	
	9.00 AM	5 vs 6	50 min	Field 2 – North Bear
	10.00 AM	3 vs 4	50 min	Field 2 – North Bear
	11.00 AM	1 vs 2	50 min	Field 2 – North Bear

U11 Schedule (ABC = 3v3 & T#=7v7) – 9 Teams

Day	Time	Field 1 Eagle	Field 2 Wolf	Field
Wednesday		Pre-Games	Pre-Games	
	11:50 AM	A vs B	E vs F	Field – South – Eagle & Wolf
	12:10 AM	C vs D	G vs H	Field – South – Eagle & Wolf
	12:30 AM	A vs C	I vs E	Field – South – Eagle & Wolf
	12:50 AM	B vs D	E vs H	Field – South – Eagle & Wolf
	13:10 PM	C vs B	G vs I	Field – South – Eagle & Wolf
	13:30 PM	A vs D	I vs F	Field – South – Eagle & Wolf
	13:50 PM	G vs E	F vs H	Field – South – Eagle & Wolf
	14:10 PM	E vs G	H vs I	Field – South – Eagle & Wolf
	14:30 PM	A vs B	E vs F	Field – South – Eagle & Wolf
	14:50 PM	C vs D	G vs H	Field – South – Eagle & Wolf
	15:10 PM	A vs C	I vs E	Field – South – Eagle & Wolf
	15:30 PM	B vs D	E vs H	Field – South – Eagle & Wolf
	15:50 PM	C vs B	G vs I	Field – South – Eagle & Wolf
	16:10 PM	A vs D	I vs F	Field – South – Eagle & Wolf
	16:30 PM	G vs E	F vs H	Field – South – Eagle & Wolf
16:50 PM	E vs G	H vs I	Field – South – Eagle & Wolf	
Thursday		Tier 2	Tier 2	
	12:10 PM	P4 vs P5	P6 vs P7	Field – South – Eagle & Wolf
	12:30 PM	P8 vs P9	P6 vs P4	Field – South – Eagle & Wolf
	12:50 PM	P5 vs P8	P7 vs P9	Field – South – Eagle & Wolf
	13:10 PM	P4 vs P7	P9 vs P5	Field – South – Eagle & Wolf
	13:30 PM	P8 vs P6	P4 vs P8	Field – South – Eagle & Wolf
	13:50 PM	P5 vs P7	P9 vs P6	Field – South – Eagle & Wolf
	14:10 PM	P4 vs P9	P6 vs P5	Field – South – Eagle & Wolf
	14:30 PM	P8 vs P7	P4 vs P5	Field – South – Eagle & Wolf
	14:50 PM	P6 vs P7	P8 vs P9	Field – South – Eagle & Wolf
	15:10 PM	P6 vs P4	P5 vs P8	Field – South – Eagle & Wolf
	15:30 PM	P7 vs P9	P4 vs P7	Field – South – Eagle & Wolf
	15:50 PM	P9 vs P5	P8 vs P6	Field – South – Eagle & Wolf
	16:10 PM	P4 vs P8	P5 vs P7	Field – South – Eagle & Wolf
	16:30 PM	P9 vs P6	P4 vs P9	Field – South – Eagle & Wolf
	16:50 PM	P6 vs P5	P8 vs P7	Field – South – Eagle & Wolf
		Tier 1 (7v7)		
	9:00 PM	P1 vs P2	50 min	Field 1 – West Turtle
	10:00 PM	P2 vs P3	50 min	Field 1 – West Turtle
11:00 PM	P3 vs P1	50 min	Field 1 – West Turtle	
Friday		Finals (7v7)	Time	
	9:00 AM	T2F vs T2G	50 min	Field 1 – West Turtle
	10:00 AM	T2D vs T2E	50 min	Field 1 – West Turtle
	11:00 AM	T2B vs T2C	50 min	Field 1 – West Turtle
	12:00 PM	T1C vs T2A	50 min	Field 1 – West Turtle
	13:00 PM	T1A vs T1B	50 min	Field 1 – West Turtle

PLAYER AGE GROUPS

U18/U21	2008-2003 (18-21 years)	11v11	4 Teams	80 min
U15	2010-2009 (14-15 years)	9v9	3 Teams	80 min
U13	2012-2011 (12-13 years)	9v9	7 Teams	50 min
U11	2013-2014 (9-11 years)	7v7	9 Teams	50 min

GAMES COMPETITION:

TEAM SELECTIONS:

As in the previous events, all registered teams will remain together (if they maintain the required number of players). Individual players registered for the games may be selected to form or add to an existing team. All selections will be made in the spirit of maintaining meaningful competition. The full team allocation will be made at 11:15 AM on Wednesday.

ALL players and coaches are requested to make every effort to be in attendance promptly at 11:15 AM on Wednesday.

As indicated, team schedules will be confirmed on Wednesday at 11:15 AM to reflect any late player registrations or team additions/withdrawals.

REFEREES

Referees will be provided by Alberta Soccer for traditional format games. Coaches will be responsible for managing the small-sided game formats. If a coach refuses to manage the game or acts against the code of conduct, the local organizing committee will consider suspending the technical staff from the AIGs.

KICK.AND.FUN

The games will be played in teams of three players + one substitution player on the field. The 3v3 games last seven minutes, followed by a three-minute break. A horn and a whistle will indicate the start and end of each game.

Each day, the games will be played in a stage round-robin format.

KICK-OFF, GOAL KICK & CORNER KICK

- Kick-off, goal kick, and corner kick must be executed flatly as a pass or dribble from the center of the goal line.

RESTART AFTER A GOAL

- Goals can only be scored inside the goal zone (dashed line). When a goal is scored, play continues with the ball from the net. For the kick-off, the team that scored a goal retreats from the goal area, allowing space for the opposing team's kick-off.

FREE KICKS

- Fouls in small-field games are always penalized with an indirect free kick. A direct goal cannot be scored from the free kick, and the opponent must maintain a minimum distance of five child steps from the player executing the free kick.

OUT OF BOUNDS

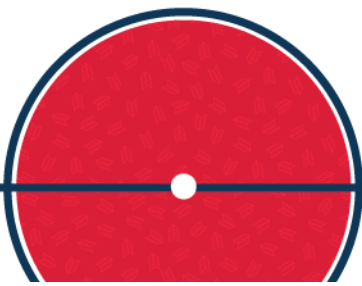
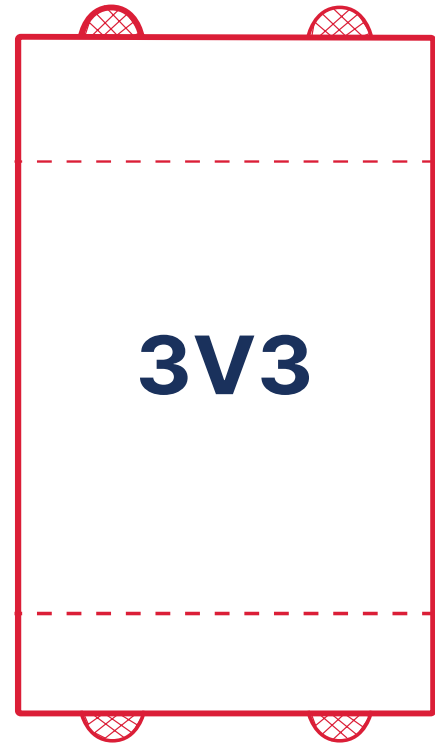
- If the ball is played out of bounds, either into the side or goal lines, play continues immediately with the replacement ball available (marked zone) on the same side of the field where the ball went out. The player who last touched the ball before it went out retrieves it and places it in the marked zone from which the replacement ball was taken. During this time, the team that played the ball out of bounds temporarily plays with one player fewer. The player retrieving the ball cannot be substituted.

SUBSTITUTIONS

- Rolling substitutions are allowed. Ideally, after each goal, the substitute players from both teams are brought into play.

PENALTY

- There are no penalties (see free kick)



THROW-INS

- Throw-ins must be executed as a pass or dribble with the foot, with the opponent maintaining a minimum distance of 5 child steps from the player executing the throw-in.

SCORING

- A goal can only be scored from inside the scoring zone.

TIME

- Each match lasts seven minutes and is started by the activity leader through a horn or whistle. At the end of the game, the activity leader signals again to stop play.

BREAKS

- Breaks should last for three minutes. This provides enough time for a quick debrief of the match and to hydrate.

TIERED & FINAL GAMES

The exhibition and final games sessions will provide competitive games, where performance and outcomes will be considered for the award of player and team competitions. Please recognize that the game time has been reduced to support the players' safety and performance.

- | | | |
|-------------|-------|-----------------------|
| ▪ U11 | 7v7 | 2 X 25-minute periods |
| ▪ U13 & U15 | 9v9 | 2 X 25-minute periods |
| ▪ U18 & U21 | 11v11 | 2 X 40-minute periods |

GAME RULES – Traditional format

The tournament will adopt regulated FIFA soccer rules with the following adaptations.

Field Markings & Equipment Dimensions

- The field of play shall be rectangular and marked with lines or cones.
- The games will be played on adapted fields at the facility.

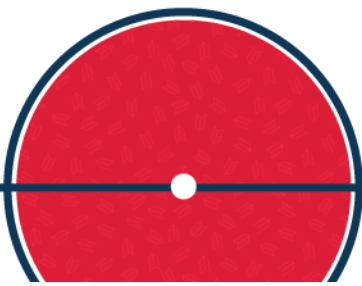
BALL

The ball shall be regulated competition soccer balls

- Size 4 (Junior)
- Size 5 (Intermediate & senior)

NUMBER OF PLAYER PER TEAM

- Teams shall comprise 7, 9 & 11 (intermediate & senior) players (one of whom must be a goalkeeper).



PLAYERS EQUIPMENT

Players shall not wear anything considered dangerous to themselves or other players.

The basic compulsory equipment shall consist of:

- A jersey or shirt with sleeves.
- Shorts.
- Socks.
- Shin guards.
- Appropriate footwear.
- Jewellery is not permitted.

THE START AND RESTART OF THE PLAY

Kick-off is a way of starting or restarting play: at the start of a game, to start the second half, or after a goal has been scored. The team that conceded the goal will take the kick-off.

- A goal may not be scored directly from a kick-off.

PROCEDURE

Before the kickoff, at the start of the game

- a coin toss is held by the referee between the captains of each team.
- the team that wins the toss decides which goal it will attack in the first half.
- the other team takes the kick-off to start the game.
- the team that wins the toss takes the kick-off to start the second half of the game.
- in the second half of the game, the teams change ends and attack the opposite goals. the opponents of the team taking the kickoff must be 6 meters away from the ball until it is in play.
- the ball must be stationary on the centre mark.
- the referee gives a signal.
- the ball is in play when it is kicked and moves in any direction.
- the kicker must not touch the ball again until it is touched by another player.

Infringements and Sanctions

- For any infringements of the kick-off procedure, the kick-off is retaken.

BALL IN AND OUT OF PLAY

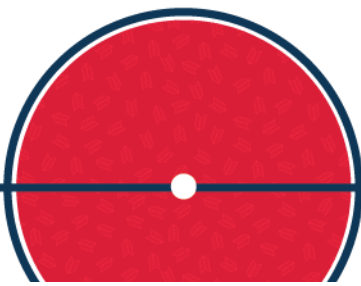
The ball is not in play when:

- it has wholly crossed the goal line or touch line, whether on the ground or in the air
- the referee has stopped play

Ball in play

The ball is in play at other times, including when:

- it rebounds off the goalpost, crossbar, or corner flag post and remains in the field of play
- it rebounds off the referee



THE METHOD OF SCORING

- A goal is scored when the whole of the ball has crossed over the goal line between the goal posts and under the crossbar, provided that the team scoring the goal has not previously committed an infringement of the Rules of Mini Soccer.

OFF-SIDE RULE

- An off-side line will be placed within each field half, approximately 20 yards from the goal line.
- An attacking player will be ruled off-side if any of their body parts, except the hands and arms, are in the opponent's half of the [pitch](#) and closer to the opponent's [goal line](#) than both the ball and the second-last opponent (the last opponent is usually, but not necessarily, the goalkeeper).

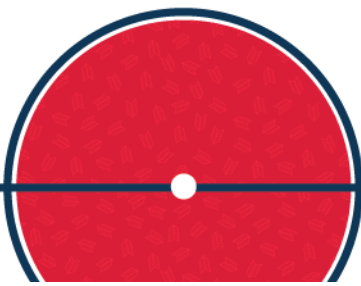
FOULS AND MISCONDUCT

An indirect free kick is awarded to the opposing team if a player commits any of the following offences:

- kicks or attempts to kick an opponent, jumps at an opponent
- trips or attempts to trip an opponent charges an opponent
- strikes or attempts to strike an opponent push an opponent
- tackles an opponent from behind to gain possession of the ball, holds an opponent
- makes contact with an opponent before touching the ball, spits at an opponent
- handles the ball deliberately (except for a goalkeeper, within their own goal area)
- The indirect free kick is taken from where the offence occurs.
- If the defending team commits an offence inside their own penalty area, the indirect free kick is taken on the goal area line closest to where the offence occurs.
- Opposing players must retreat 7 yards from any free-kick.

THROW IN

- A throw-in will be awarded to the opponents of the player who last touched the ball when the whole ball crosses the touchline in the air or the ground.
- The thrower—
 - Faces the field, with part of each foot either on the touchline or on the ground outside the touchline.
 - Use both hands and deliver the ball from behind and over the head.
 - Throw the ball from the point where it leaves the field of play.
 - Cannot touch the ball a second time until another player has touched it.
- A goal may not be scored directly from a throw-in.



GOAL KICK

- A goal kick will be awarded to the defending team when the whole ball crosses the goal line, in the air on the ground, and when last touched by a player on the attacking team.
- The kick may be taken from any point in the goal area.
- The ball is in play when kicked directly out of the goal area.
- The kicker may not touch the ball a second time until another player has touched it. A goal may not be scored directly from a goal kick

CORNER KICK

- A corner kick will be awarded to the attacking team when the whole ball crosses the goal line, in the air or on the ground, when last touched by a player on the defending team.
- The kick may be taken from any point in the corner arc or within 1m of the corner of the field if no arc is marked.
- The flag post must not be moved.
- All opponents must be at least 6m from the ball until it is in play.
- The ball is in play when it is kicked and moves.
- The kicker may not touch the ball a second time until another player has touched it.

CLOSING REMARKS

Thank you for your attention to this information; I wish you a successful game. I apologize I can't be there in person due to personal circumstances. I would welcome any post-event feedback.

Please recognize that this schedule is subject to change and has been developed to help the players provide a safe, fun, and inclusive environment. Let's encourage this with the support of all the players, coaches, and parents.

Patrik Zimmermann
ALBERTA SOCCER | Technical Lead
AIG Soccer Program Coordinator
pzimmermann@albertasoccer.com.