

Promotional Criteria and Checklists for Referees (District to Regional)

- *A career planning tool for Referees in Alberta*

This document is designed to outline the pathway to promotion as a referee in Alberta. The process is largely self-directed. In other words, the referee has to take charge of his/her development and seek opportunities to achieve his/her developmental goals. The criteria and checklists below are tools for referees to use in their development plans.

DISTRICT to REGIONAL Referee

To be eligible to upgrade from District to Regional referee, you must:

- Have been a District referee for at least one full outdoor season.
- Have refereed games at the competitive U15 level or above. 'Competitive' is any Tier that leads to provincials (T1-T4) or any 'Standards Based' youth league (e.g. AYSL).
- Submit an application form to the Alberta Soccer Association, prior to the annual deadline. (see next page for link) (Regional Upgrade application deadline – **February 29th, 2024 – 6:00PM**)

Please note – this is a competitive process, and not all applicants may be selected by the RDC.

To be successfully upgraded to Regional referee, you must:

- Attend a Regional Upgrade Clinic. Cost to participant \$173.25)
- Pass a multiple-choice Laws of the Game examination, with a mark of 80% or better.
- Pass the Regional Fitness test, at the male or female regional standard, by June 30th in the year of upgrading. (details below)
- Achieve a minimum of 3 assessments with an above average mark (8.5 or higher), as a referee in competitive U15 or above games, in the year of upgrading. Assessments are reviewed by the Referee Development Committee at the conclusion of the outdoor season. (Note – there is no cost to participant to be assessed).

Note: You will be provided with full instructions on how to progress with your upgrade, when you attend the Regional Training course.

A decision will be made regarding the referee's status by December 15th.

Fitness Test Standards: (Note that this is the new 'Regional' standard effective 2024)

FIFA Hi Intensity Fitness Test (Interval) – Regional Referee Standard		
Gender	Sprints	Interval Run
Male	6.6 sec	17/22 sec/ 4000 M
Female	6.8 sec	17/24 sec/ 4000 M

Details of the fitness test can be found at – www.albertasoccer.com/referee/upgrading

See next page for application process.



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Application Process:

- To apply for the Regional upgrade course, use this link – <https://www.surveymonkey.com/r/QR6HTRG>

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