



ASA General Rules and Regulations

Rule 1 – Registration of Season Players

- A. The outdoor season shall commence annually on the 1st day of May and end on the 31st of October and the indoor season shall commence annually on the 1st day of November and end on the 30th of April, recognizing that there may be minor variations on season start-up and end dates from District to District.
- B. Players must be registered seven (7) days before taking part in any Cup Competition. This rule does not apply to league games. All registration for league games must be made at least twenty- four (24) hours prior to participation.
- C. A player arriving from another province shall not be registered until they provide, in writing, clearance from the Registrar of the Province in which they were previously registered. Such clearances must be copied to the ASA.
- D. All player registration fees shall be paid as directed, in writing, to the ASA office, as approved by the Membership at the Annual General Meeting.
- E. The ASA youth player registration fee will be paid per player as registered in the indoor season and per player as registered in the outdoor season. The ASA Adult registration fee will be paid for each unique player per year.
- F. All youth outdoor membership registration numbers and youth indoor membership registration numbers in a District will be added together in calculating that Districts' votes for ASA General Meetings.
- G. All senior unique membership registration numbers in a District will be used to calculate the Districts' votes for the ASA General Meetings.

Rule 2 – Players and Team Officials

A. General

- i. All players and team officials in competitions sanctioned or conducted by the ASA or any District Association shall be registered with each appropriate District and information supplied for ASA Registration platform.
- ii. District to District Reporting

- a. Individual youth players will be allowed to register for other District youth teams as always, provided they follow standard procedures (if applicable) in the new District. Once a youth player has registered with their new District, it will be the responsibility of the gaining (new) District to inform the losing District of the particulars of said youth player (s) to include: Last Name, First Name, DOB, Gender, City, Province, District, Club, Age Group, Tier and Team.
 - b. Lists to be supplied by December 1 (indoor registration) and June 1 (outdoor registration) with players registering after these dates to be forwarded upon receipt of registration. Lists to contain all players participating in the active season.
 - c. Entire teams will not be allowed leave a District that offers the level of competition they are playing in without the written permission of the home District. Individual releases cannot be used to form a team outside the District of domicile without the approval of the home (losing) District. In keeping with FIFA laws, the ASA Board of Directors has determined that a team under this rule must be considered to be a minimum of seven (7) players.
- iii. All senior players/teams are not restricted by their District Boundaries.
 - iv. All Coaches and Staff of ASA Member District Teams who are listed on a team roster of a team going to any youth age or gender level Provincial or Regional Championship are required to complete CPIC Security Clearance forms and satisfactorily pass police clearance or, not police cleared, pass their District Review Committee process. Written confirmation of clearance must accompany each team roster submitted by Districts to ASA to compete in any Provincial Championship. Written declaration, that the process has been completed, submitted to ASA on District governing body's letterhead by an Executive Officer of the relevant District, to be acceptable.

B. Players

- i. Proof of Age
 - a. Where necessary, birth certificates, passports or other evidence acceptable to the Board shall be accepted as proof of age and evidence shall accompany all registration forms. The burden of proof of age shall rest with the player.

ii. Eligibility

- a. No player shall be deemed registered for league competition nor shall they compete in league competition unless their registration form is in the hands of the District Association not less than twenty-four (24) hours before participation.

iii. Eligibility – Cup Competitions

- a. No player shall be deemed registered for Cup competitions nor shall they compete Cup Competitions unless their registration form is in the hands of the District Association's Registrar not less than seven (7) days before participation.
- b. Any youth player who wishes to move from one team to another will not be considered to be cup-tied if such transfer is affected by the dates identified in the ASA Competition Rules Book for that current year, subject to local rules.
- c. Any Senior player who wishes to move from one team to another will not be considered to be cup-tied if such transfer is affected by the dates identified in the ASA Competition Rules Book for that current year, subject to local rules.
- d. A player shall only be registered on one active registered team at any time during a season with the following exceptions:
 - 1. Provincial all-star team, National all-star team, or an Alberta Summer Games team;
 - 2. A youth player may register with, and play for, both a youth team and a senior team.
 - a. The player will maintain their eligibility to compete in youth and senior provincials if the player has met the conditions outlined in the current Rules and Regulations on Provincial Competitions.
 - 3. Players competing in ASA Provincial Futsal Championships are not considered cup tied to Provincial Cup Competitions.
 - 4. Subject to agreement between Youth and Senior Leagues within a District, a youth player, duly registered with a youth team within that District, may play, for developmental purposes, an unlimited number of games within the Senior

League within that District without affecting their youth status, or eligibility for Youth Provincials;

5. Players who compete in “Tier III” Provincials will not be considered to be cup-tied, and will be eligible to also participate in either Tier II or Tier I Youth Provincials but not both.
6. Players who compete in “Tier IV” Provincials will not be considered to be cup-tied, and will be eligible to also participate in any one of Tier III, Tier II and Tier I Youth provincials.

iv. Jewelry and Non-compulsory Equipment

- a. In all competitions the FIFA Laws of the Game and individual Competition Rules will be followed in regards to jewelry and equipment. Any exemptions granted to the FIFA Laws of the Game or individual Competition Rules shall be as follows;
 1. FIFA, CSA or ASA exemptions publicly posted / distributed.
 2. FIFA, CSA or ASA individual exemption letter as provided by the respective Association.
- b. The referee shall not allow anything to be worn by any player for any reason if the referee determines that it is, or has become, dangerous to himself or another player.
 1. Any individual exemption letters provided by a Governing Body should be available for presentation at games and competitions within that Governing Bodies jurisdiction.

v. Eligibility – General

- a. Except as otherwise provided in these Rules and Regulations, an amateur player is bound to the club through which they have registered until the end of the league’s current playing season and is subject to the regulations governing the movement of players.

vi. Player – Team Limit

- a. No youth team shall be permitted to register more than a total of twenty (20) players at any one time during the course of the

season and no senior team shall be permitted to register more than a total of twenty-five (25) active players.

C. Definitions and Age Limits

- i. Definitions on Age Divisions/ Age Limits and Qualifying Dates
 - a. Outdoor season - A youth player shall mean an amateur who has not attained their nineteenth (19th) birthday before the 1st of January in the current year of their application for registration;
 - b. Indoor Season - A youth player shall mean an amateur who has not attained their eighteenth (18th) birthday before the 1st of January in the current year of their application for registration;
 - c. Indoor and Outdoor Season – An adult player shall mean an amateur who has attained their sixteenth (16th) birthday before the 1st of January in the current year of their application for registration
 - d. Indoor and Outdoor Season – A classic player shall mean an amateur who has attained their thirtieth (30th) birthday before the 1st of January in the current year of their application for registration
 - e. Indoor and Outdoor Season – A master player shall mean an amateur who has attained their thirty fifth (35th) birthday before the 1st of January in the current year of their application for registration;
- ii. Divisions shall be comprised of the following age groups:
 - a. 16th birthday Adult
 - b. 19th birthday U19
 - c. 17th birthday U17
 - d. 15th birthday U15
 - e. 13th birthday U13
 - f. 11th birthday U11
 - g. U10 and under will be a district by district decision

Rule 3 – Transfer of Players

- A. A registered player wishing to transfer shall make a written application to the appropriate District and a completed transfer must be obtained from their District.
- B. ASA Rules 2.B.iii.a and 2.B.iii.b will apply to any request for transfer of a player

- C. A registered player shall not be allowed to transfer their services during the year of such registration without consent of the club for which they are registered. A player being refused their transfer by their Club shall be allowed to appeal, without fee, to the District Association. No person, Association, League or Club shall limit unreasonably the right of an amateur player to transfer to the teams of their choice. A player shall be granted a transfer within seven (7) days of the receipt of their appeal by the member unless the appeal is contested. In the event that the appeal is contested, the District Association will deal with the matter within fourteen (14) days and will render its decision immediately thereafter.
- D. Transfer deadline dates are outlined in the current Competitions Rule book as per 2.B.iii.a and 2.B.iii.b.
- E. A registered player shall not be allowed to transfer their services to any other club unless they shall first have given their club seven (7) days notice, in writing, of their intention to transfer.
- F. A player shall be entitled to the benefits of Two (2) transfers only during the current season within the jurisdiction of a District Association. However, a player once transferred cannot be transferred back to the club for which they originally registered until a period of thirty (30) days has elapsed.
- G. It is an offence for any Club, through its responsible officers or representatives to induce or attempt to induce a registered player of a team under the jurisdiction of the ASA to leave their team before the end of the current season. The offence shall be dealt with by the ASA or League in Membership concerned, if the Club and the players are under the same jurisdiction and by the ASA in all other cases.

Rule4 – Movement of Players – Youth to Seniors

- A. A youth team comprised of legal youth age players may register and play in a senior league in its own district if a program is not available for that youth age group.
- B. Subject to agreement between youth and senior leagues within a District, a youth player duly registered with a youth team within that District may play, for developmental purposes, an unlimited number of games within the senior league within that District, without affecting their youth status, or eligibility for youth Provincials.
- C. Any registered youth players playing for a senior team must be recorded on league game sheets with a notation of juvenile status and the senior team must have a letter of approval from the coach of the youth team.

Rule 5 – Competitions Rules

- A. All rules for ASA Competitions will be determined by the ASA Competitions Committee and approved by the Membership of the ASA. They must be officially presented, in writing, to the membership at least two (2) months before the intended implementation date and the start of the playing season, except for FIFA and CSA rule changes. The latest date for presentation for the upcoming outdoor season will be February 28th, and the latest date for presentation for the upcoming indoor season will be August 31st.
 - i. For complete rules on indoor and outdoor competitions, please refer to the ASA’s Outdoor Competition Rules and the Indoor Competitions Rules.

Rule 6 – Games and Competitions

- A. Competitions or Exhibitions games of the ASA and/or the CSA shall take precedence over all other games or competitions.

Rule 7 – Protests

- A. Protests on games shall be made according to the rules of the competition in which the game was played.

Rule 8 – Cup Competitions

- A. Provincial Indoor and Outdoor Cup Competitions shall be held annually in accordance with the Rules and Regulations, which may be obtained from the ASA.

Rule 9 – Competitions

- A. Provincial Indoor and Outdoor Championship competitions shall be held in each age category annually in the province and shall be open to District Members in good standing, in accordance with the current prevailing Eligibility Rules for such Championships.
- B. Rules of the ASA’s Provincial Indoor and Outdoor Championship competitions for each year shall be announced by the Competitions Committee.

Rule 10 – Game Rules

- A. In all ASA sponsored competitions not covered in Rule 5.A (ASA Competition Rules), CSA rules will apply.

Rule 11 - Tournaments

- A. Tournaments are to be conducted as per ASA Tournament Guidelines, which may be obtained from the ASA and must be sanctioned by the ASA.
- B. No registered Alberta team may participate in any Tournament inside Alberta, unless the tournament is sanctioned. Any deviation will result in disciplinary action being applied to the team.
- C. No registered Alberta team may participate in any Tournament outside of Alberta, unless the tournament is sanctioned by a Sport Governing Body and the team attains prior approval to participate via an ASA Travel Permit Any deviation from the above will result in disciplinary action being applied to the team.
- D. Where an Alberta Team desires to participate in a sanctioned tournament that allows the use of “guest” players, that team who wishes to add players to its tournament roster who are not part of its regular roster, must acquire written permission from the team from whence the guest player (s) will be drawn. In the case of players from outside the District of domicile of the team who wishes to use them for tournament participation, then written permission must also be obtained from the District in which the “guest” player is registered

Rule 12 - General

- A. All finals played in ASA sponsored competitions shall be played on fields that are marked and have nets and corner flags;
- B. Players playing in ASA sponsored competitions shall be properly dressed at all times, i.e., shirt, shorts, socks and appropriate footwear.
- C. Any Club, District Association or League desiring to arrange an exhibition game involving a team from another National Association shall follow the requirements of the CSA, sending such request through the ASA.
- D. In all games played under the jurisdiction of the ASA, all registered players shall wear numbered shirts. No two (2) players on a team shall wear the same number. No player may change their number during the game without the permission of the referee.
- E. All clubs under the jurisdiction of the ASA shall place their players at the service of the ASA.
- F. Any team (except an AYSL/AMSL team) having four (4) or more players selected to Regional, Provincial or National team duty, may have those affected games postponed, provided that ten (10) calendar days’ notice has been given. No appeals for clemency will be entertained. Games affected must not be

scheduled/rescheduled within twenty four (24) hours prior to the departure or twenty (24) hours after the return of the effected player(s).

Rule 13 – Interpretations

- A. Any reference to these Rules and Regulations in the singular shall also be acknowledged to apply to the plural. All questions regarding males shall apply equally to females, and vice-versa.

Rule 14 – University and College

- A. The Alberta Universities Athletic Association and the Alberta Colleges Athletic Conference are Associate Members of the Association and their soccer teams are therefore subject to CSA and ASA Rules as are all other teams in the Province.
- B. Amateur players registered with Alberta Club teams are able to play with Alberta College or University teams without affecting their Club eligibility and vice versa.

Rule 15 – Soccer School Instruction

- A. The ASA shall be the sole authority for the organization and conduct of indoor and outdoor soccer schools within Alberta. From time-to-time, the ASA may enter into cooperative profit-sharing soccer skills instructional programs with members of the ASA.
- B. No member of the ASA may conduct indoor or outdoor soccer skill camps, schools or clinics by whatever name without the written consent of, and in conjunction with, the ASA.
- C. No participant in a program of a member may conduct indoor or outdoor soccer skills instruction unless in the direct employ of the ASA or in the employ of a member engaged in an approved instructional program with the ASA.
- D. The technical content and technical delivery of any part of an indoor or outdoor soccer skills program proposed under Rule 16.A, 16.B or 16.C above are subject to prior written approval of the ASA.
- E. No applicant for ASA sanctioning of a soccer instructional venture will be considered unless such applicant has first received endorsement of their application by the ASA member District for the community in which the proposed instructional venture would be conducted.

Rule 16 – School Soccer (Elementary School, Junior High School, High School)

- A. The ASA sanctions all soccer in registered schools in the following school boards in the province of Alberta;
 - i. Alberta Public School Boards
 - ii. Alberta Separate School Boards
 - iii. Alberta Francophone School Boards
 - iv. Alberta Charter School Boards
- B. School Soccer will be considered secondary development to Active Member and Associate Member programs.
- C. School Soccer programs must be restricted to the registered students at each individual educational institution.
- D. Registered Game Officials cannot accept School Soccer assignments in lieu of ASA Assignments, Regular Member Assignments or Associate Members Assignments;
 - i. Failure to comply with Rule 16.E can result in disciplinary action against the Game Official involved.
- E. Registered Game Officials with the ASA will be covered by ASA insurance while refereeing School Soccer.
- F. Players and Team Officials are not covered by ASA insurance while participating in School Soccer.
- G. ASA Commercial General Liability, including facilities, does not cover School Soccer.

Rule 17 – Minimum age of Adult (Senior) Soccer Eligibility

- A. Any youth player must have attained their 16th birthday in order to become eligible to participate in adult league / exhibition games with the following exceptions;
 - i. Participation in the Alberta Major Soccer League (AMSL) which will be open age.
 - ii. Rural Regular Members can apply for exemptions for approval by the Board of Directors.

Rule 18 – Gender Identity and Registration

- A. For the purpose of registration on gender-based amateur teams, a player may register with the gender team with which the player identifies.

- i. This policy will not apply where restricted by other governing bodies rules for participation in specific competitions, including but not limited to the CSA and FIFA.

Rule 19 – Non Member Camps and Non Member Academies & Non Member Leagues

A. Non Member Camp and Non Member Academy Endorsement

- i. Non Member Camps and Non Member Academies must be endorsed by a minimum of One (1) Regular Member, operating in the same District Area as the Camp and Academy is operating.
 - a. If a Non Member Camp and Non Member Academy is operating in multiple District Area's the Camp and Academy must be endorsed by a minimum of one (1) Regular Member, responsible for that Age Category, in each of the District Area's in which it operates.
- ii. Non Member Camp and Non Member Academy Endorsement will be subject to the Non Member Camp and Non Member Academy Endorsement Guidelines as published by the ASA in addition to the following rules;
 - a. Provide supplementary programming to the club and community skill training by;
 - 1. Scheduling around club and community games and practices;
 - 2. Encourage camp and academy players to participate in Regular Member programming by offering information about local programs in registration packages and on academy websites.
 - b. Register all players with the Regular Member who endorsed the program and pay associated fees, including Regular Member, ASA and CSA fees for any non-registered players.
 - c. Must not promote one Regular Member, Club or Community over another
 - d. Endorsed camps and academies must meet the SQS standards by May 1, 2023 to operate after such date.
- iii. Non Member Camps and Non Member Academies who are in full compliance with the Rules & Regulations on Non Member Camps and Non Member Academies and the Non Member Camp and Non Member Academy Endorsement Guidelines, according to Alberta Soccer, cannot be unfairly

denied endorsement by a Regular Member and decisions to not endorse can be appealed to the ASA Discipline Committee

B. Un-registered and/or un-sanctioned Academies and Camps & Leagues

- i. The ASA will not provide any services to unregistered or unsanctioned leagues, camps, academies or other unregistered entities unless approved by the Alberta Soccer Association.
- ii. Un-sanctioned academies, camps and leagues are not covered by ASA Insurance.
- iii. No Regular Member or Associate Member of the ASA will provide any services or sublet contracted field time where ASA has provided a certificate of coinsurance to leagues, camps, academies or other entities who do not register all their players or sanction their programs.
- iv. No individual, who is the age of majority, who is registered as a player, coach, team manager, Board Member or is employed, with a Member of the ASA (or otherwise falls under the discipline authority of the ASA or a Member) at the time of violation of this clause, can be involved in the organizing, administration or governance structure of an unregistered and/or unsanctioned academy, league or camp. Being involved in “organizing, administration or governance structure” means that an individual is a coach, team manager, board member, director or shareholder of that unregistered and/or unsanctioned academy, league or camp.
- v. Duty to Report
 - a. Any person may report a breach of Rule 19.B.iii and must do so in writing on the form provided by ASA.
 1. Any reported breach must identify and submit evidence to ASA of the individuals that have breached Rule 19.B.iii.
 - b. The ASA will not start the process of Investigation, Warning and Suspension from Access to Services without evidence being included in the complaint.
 - c. It is an offense for a Regular Member to register an individual who has been identified to them, in writing by ASA, to be in breach of Rule 19.B.iii.
 - d. It is an offense for any Member to, knowingly, withhold reporting information that would be evidence of a breach of Rule 19.B.iii.

1. If a member comes to know of a breach affecting another member they are responsible for informing the affected member.

vi. Investigation

- a. ASA has fourteen (14) days, at maximum, to confirm the content of the complaint before a warning is issued.
- b. All ASA Members that are known to be potentially impacted by the breach of Rule 19.B.iii will be notified during the investigation period.
- c. If at anytime before the Warning time period or Suspension process, including a hearing, is completed the process can be paused to allow for alternative methods of resolution, including but not exclusive to;
 1. Open Membership application process begins with a Regular Member or ASA (if applicable).
 2. Alternative Dispute Resolution process agreed to by one of the affected Regular Members and the respondent.

vii. Warning

- a. Upon receipt of the required evidence of a breach of Rule 19.B.iii, ASA will issue a written warning to the individual, notifying them to cease and desist any behaviour and actions causing the breach within fourteen (14) days of notice.

viii. Suspended from Access to Services

- a. Individuals that fail to provide sufficient proof to ASA that they have stopped the behaviour and actions causing the breach, will be sent a second written notice (“Final Notice”) advising the individual that they will be Suspended from Access to Services within 30 days of receipt of the notice unless they file a written letter of appeal, without fee, to the ASA Discipline Committee.
 1. A copy of the process to file an appeal, along with the name and number of an ASA individual that can answer questions, will be included with the Final Notice.
- b. Suspension of Access to Service will not be put into effect unless the 30-day appeal period has expired without a letter of appeal

having been filed; or unless the ASA Discipline Committee upholds the finding.

- c. Any individual found by ASA to have breached Rule 19.B.iii while they were registered as a player, coach, team manager, or employed, with a Member of the ASA (or otherwise fell under the discipline authority of the ASA or a Member) at the time of violation of Rule 19.B.iii, will no longer be able to access any Member or ASA programs, services or benefits until such time as that individual can prove they are no longer in breach of Rule 19B.iii (“Suspension from Access to Services and ASA Insurance”).

ix. Penalties

- a. First Offence
 - 1. 6 months Suspension after the date that unsanctioned services are ceased
- b. Second Offence
 - 1. One (1) year Suspension after the date that unsanctioned services are ceased
- c. Third Offence
 - 1. Suspended from Access to Services Indefinitely
 - i. Eligible for application for re-instatement after two (2) years minimum